

Town of Los Altos Hills
Activity Guide

Spring ~ Summer 2006



Register for classes online at www.losaltoshills.ca.gov/recreation



2006 Los Altos Hills Parks and Recreation

Activity Guide

Town of Los Altos Hills City Council

Hon. Breene Kerr, Mayor
Hon. Dean Warshawsky, Mayor Pro Tem
Hon. Mike O'Malley, Councilmember
Hon. Craig A.T. Jones, Councilmember
Hon. Jean (John) Mordo, Councilmember
Carl Cahill, Acting City Manager

Parks and Recreation Department

Tod McLemore
Parks and Recreation Director
26379 Fremont Rd
Los Altos Hills, CA 94022
(650) 941-7222, ext. 241

Parks and Recreation Committee

Mrs. Valerie Metcalf, Co-Chairperson
Mr. Steven Johnson, Co-Chairperson
Mrs. Karen Bergh
Mr. Ben Gikis
Mrs. Rebecca Hickman
Mrs. Patty Radlo

Members of the Los Altos Hills Parks and Recreation Committee are appointed by the City Council and serve as an advisory body to the Council on matters related to recreation programs and activities. They study all recreation facilities available within the Town and make recommendations regarding their status.

Parks and Recreation Committee meetings are held on the 3rd Monday of every month at 9:30 am at Town Hall. These Parks and Recreation Committee meetings are open to the public.

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The Los Altos Hills Parks and Recreation Activity Guide is an annual publication, mailed or delivered to residents of Los Altos Hills. Businesses or entities referenced in this brochure do not constitute an endorsement by the Town of Los Altos Hills.

For additional copies, or to receive an electronic version of this publication contact the Los Altos Hills Parks and Recreation Department at (650) 941-7222 ext. 241.



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(650) 493-4383 • www.graffikdezine.com*

YOUTH CAMPS

Ohlone Camp

The Ohlone Summer Camp introduces participants to Ohlone Native American folklore. Taught by our experienced local staff, activities include hikes, crafts, outdoor games and storytelling. Campers also learn about local wildlife and regional geography. The camp is held at the summit of the scenic Byrne Preserve, rain or shine.

Session #1: June 19 – June 23
Session #2: June 26 – June 30
Session #3: July 17 – July 21
Time: 8:30 a.m. – 12 noon
Ages: 5 to 12 *
Location: Byrne Preserve
27210 Altamont Rd
Fee: \$140 for residents
\$150 for non-residents
Instructors: TBA

Due to safety constraints, 12 campers per session only.

** Please call to request age exceptions prior to registration.*

Mini-Ohlone Camp

Mini-Ohlone Camp introduces participants to the Ohlone Native American folklore. Activities include nature hikes, crafts and outdoor games. This camp is designed for a younger age group and focuses on arts and crafts. Parents are welcome to accompany their child/children. Potty trained campers only.

Session #1: July 10 – July 12
(Mini-Ohlone Camp only)
Time: 9 a.m. – 12 noon
(Mini-Ohlone Camp only)
Ages: 3 to 6 *
Location: Byrne Preserve
27210 Altamont Rd
Fee: \$140 for residents
\$150 for non-residents
Instructors: TBA

Due to safety constraints, 12 campers per session only.

** Please call to request age exceptions prior to registration.*

Summer Riding Camp

The Town of Los Altos Hills, Horse Camp Director Jenny Whitworth, and the camp staff would like to welcome your child to an exciting and fun-filled week. The goal of this camp is to provide beginning horsemanship skills and horse management for children.



We are very fortunate to have as our Horse Camp Director and Instructor, Ms. Jenny Whitworth (British Horse Society Certified Instructor – Level 4). Ms. Whitworth is also the instructor for the Pacific Ridge Pony Club.

- ❖ No special riding attire is required, however, for safety reasons we will require that camp participants come neatly dressed wearing:
- ❖ Jeans or other comfortable pants (no shorts)
- ❖ Boots or shoes with heels
- ❖ No jewelry
- ❖ Hair pulled back and out of the face
- ❖ Safety helmets will be provided

Although water and snacks will be provided, campers may want to bring their own water bottles as well. It is likely to be very hot.

Parents are encouraged to attend camp on Friday at which time riders will demonstrate the skills they have learned during the course of the week. More details will be provided when camp starts.

If you have any questions please call the Town of Los Altos Hills Parks and Recreation Department at 941-7222 ext. 241.

Camp space is limited, varying on camp sessions. Waiting lists will be taken.

(continued on next page)

Summer Riding Camp (continued)

Session #1:	June 26 – June 30 8:30 a.m.– 12:00 noon
Fee:	\$300/residents \$315/non-residents
Session #2:	July 3 – July 7 (July 4th Holiday) 8:30 a.m.– 12:00 noon
Fee:	\$275/residents \$290 non-residents
Session #3:	July 10 – July 14 8:30 a.m.– 12:00 noon
Fee:	\$300/residents \$315/non-residents
Location:	Westwind Barn Upper Arena 27210 Altamont Rd
Ages:	6 to 17
Instructor:	Jenny Whitworth Jane Kawasaki



MAD SCIENCE CAMPS

Red Hot Robots

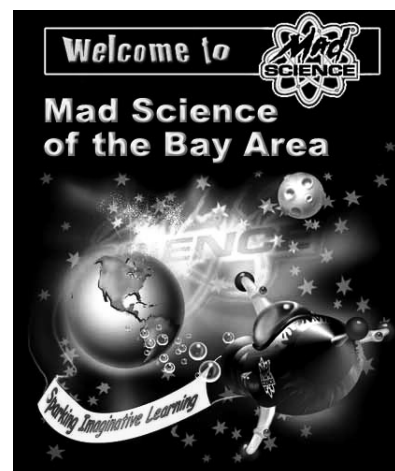
Join us for a week of fun with robots! Learn about the uses of robots in our world and spend time experimenting with super cool robots that do all kinds of neat things. Discover the science of circuits and how robots use sensors to explore things around them. Use your skills to build your very own working robot to take home with you. Join us this summer in our Mad Science robot world! Cost of camp includes a camp t-shirt, snack(s) and drink(s).

Date:	July 31 – August 4
Time:	9 a.m.– 12 noon
Location:	Town Hall 26379 Fremont Rd
Fee:	\$170 for residents \$185 for non-residents
Ages:	7 to 12
Instructors:	Mad Science Staff

West Coast Lacrosse Camp

Matt Oglesby's West Coast Lacrosse Camp offer this excellent sport instruction opportunity to youth. Come learn the basics of the ever growing, ever-popular sport of lacrosse. Instructors will give proper instruction on lacrosse basics such as catching, throwing, picking up ground balls, running with the ball and shooting basics. Be sure to bring water, sneakers and a stick to camp.

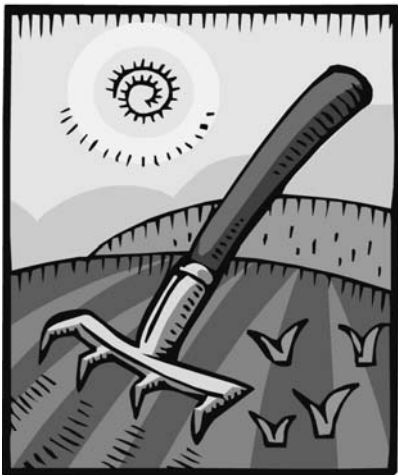
Date:	June 26- June 29 July 24 – July 27
Time:	9:00 am – 1:00 pm
Location:	Field #1 – Purissima Little League Fields
Ages:	6 - 12
Fee:	\$175 for residents \$185 for non-residents
Instructor:	TBA



The garden

Blossoming minds will love this week! Specifically designed for pre-K or kindergartners, this week teaches all about the amazing things that happen in a garden. Explore how things start to grow in the ground, and learn that plants, fruits and vegetables start from seeds. Learn what seeds need to grow and where they get those things as we study weather. Discover the role that bugs and butterflies play in making your garden grow. Cost of camp includes a camp t-shirt, snack(s) and drink(s).

Date: July 17 – July 21
Time: 9 a.m.– 12 noon
Location: Town Hall
26379 Fremont Rd
Fee: \$170 for residents
\$185 for non-residents
Ages: 4 to 6
Instructors: Mad Science Staff



SKYHAWKS SPORTS CAMPS

The Skyhawks programs have been developed to improve individual skills and are tailored specifically to each sport offered. Skyhawks works in conjunction with the Los Altos Hills Parks and Recreation Department to provide youth with an opportunity to enrich their sports skills by participating in safe, positive and noncompetitive programs. Each Skyhawks experience offers fundamentals, fun times and good friends. For full information on the Skyhawks organization, please go to www.skyhawks.com.

skyhawks Basketball Camp

Players have a great time as they refine their passing, shooting and dribbling skills. Participants put their newly acquired basketball skills to the test at an end of the week tournament! Participant-to-coach ratio is approximately 10:1.

Basketball camp participants must bring, lunch, snack & water bottle. Campers should wear appropriate shoes (running shoes are fine; no black soles). All campers will receive a basketball, camp t-shirt and a merit award.

Dates: July 31 – August 4
Time: 1 p.m.– 4 p.m.
Location: Bullis – Purissima School
25890 Fremont Rd
Fee: \$106/Residents
\$116/Non-Residents
Ages: 7-10
11-14
Instructor: Skyhawks Staff

Skyhawks Soccer Camp

Skyhawks Soccer teaches young athletes the fundamental skills of soccer through fun games and exercises. Participants test their new expertise in skills and strategy through interactive group activities and scrimmages. The camp's participant-to-coach ratio is approximately 14:1. Participants must bring shin guards, lunch, snack, water bottle and sunscreen. Soccer camp participants will receive a soccer ball, t-shirt and a merit award.

Dates: July 10 – July 14
Time: 9 a.m.– 12 noon
Location: Pinewood School
Fee: \$106/Residents
\$116/Non-Residents
Ages: 6-10
Instructor: Skyhawks Staff

Skyhawks Flag Football Camp

Participating in Skyhawks' football program is a great way to introduce young athletes to this popular sport rich in tradition. Players learn catching, passing and blocking, as well as the rules of the game and the strategies of offense and defense. Participant-to-coach ratio is approximately 14:1. Flag Football participants must bring two snacks, a water bottle and sunscreen. All Flag Football participants will receive a football, t-Shirt and a merit award.

Dates: July 5 – July 7
Time: 9 a.m.– 12 noon
Location: Pinewood School
Fee: \$65/Residents
\$75/Non-Residents
Ages: 7-10
11-14
Instructor: Skyhawks Staff

Mini-Hawk Camp

An introductory program for young children, Mini-Hawk helps children explore soccer, baseball and basketball in a day-program setting. No pressure, just lots of fun while these young athletes participate in all three sports through unique Skyhawks games. Our Mini-Hawk coaching staff is trained to meet the special needs of young children. Staff members are committed to helping children start off on the right foot, as they take their first steps into athletics. Participant-to-coach ratio is approximately 8:1. Mini-Hawk participants must bring two snacks, water bottle, sunscreen, shin Guards (recommended). All Mini-Hawk Multi-Sport participants will receive a sport ball, T-shirt & Merit Award.

Dates: July 17 – July 21
Time: 9 a.m.– 12 noon
Location: Purissima Little League Field
Purissima & Viscaino Rd
Fee: \$106/Residents
\$116/Non-Residents
Ages: 4-7
Instructor: Skyhawks Staff



HEALTHY BODY PROGRAMS

Mind Body Fitness Class

This 8 week course, taught by Pam Walatka, focuses on yoga, mediation and Pilates. Class activities include stretching, relaxation and strengthening the body. Be sure to bring a yoga mat and wear loose, comfortable, stretchy layered clothing. For more information on the instructor and her classes, please go to www.wildhorses.com.

Session #1:	March 22 – May 17 (no class April 12)
Session #2:	May 31 – July 26 (no class July 5th)
Session #3:	August 9 – September 27
Time:	10:30 a.m. – 11:45 am
Location:	Town Hall 26379 Fremont Rd
Fee:	\$105 for residents \$115 for non-residents
Ages:	18 and over
Instructor:	Pam Walatka

Mat Pilates Class

This 8-week course taught by Instructor Kathy Klein is based on the teachings of Joseph H. Pilates. Mat Pilates is practiced on the floor and strengthens and stretches the muscles of the upper and lower abdominals, obliques and the back. Bring a yoga mat and wear loose or stretchy, comfortable, layered clothing.

Session #1:	March 29 – May 24
Session #2:	May 31 – July 26
Time:	1:30 p.m. – 2:30 p.m.
Location:	Town Hall – 26379 Fremont Rd
Fee:	\$105 for residents \$115 for non-residents
Ages:	18 and over
Instructor:	Kathy Klein

PET PROGRAMS

3rd Annual Hoppin' Hounds

Easter Biscuit Hunt

It's the 3rd Annual Doggie Easter Biscuit Hunt in Los Altos Hills to benefit the Palo Alto Animal Services. This is an on-leash event for dog and owner.

Dogs will hunt the Byrne Preserve for dog-healthy Easter Biscuits provided by 5 Paw Bakery of Los Altos. We request a minimum \$5 donation for Palo Alto Animal Services

This event is sponsored by the 5 Paw Bakery (www.fivepaw.com) and the Town of Los Altos Hills.

Date:	Saturday, April 15
Time:	9 a.m. – 11:30 AM
Location:	Byrne Preserve 27210 Altamont Rd
Fee:	\$5 donation (minimum) All proceeds benefit Palo Alto Animal Services

Community Dog Walk

An informal event, the 2nd Annual Los Altos Hills Community Dog Walk allows dog owners and their pets an opportunity to explore the Los Altos Hills Pathway System.

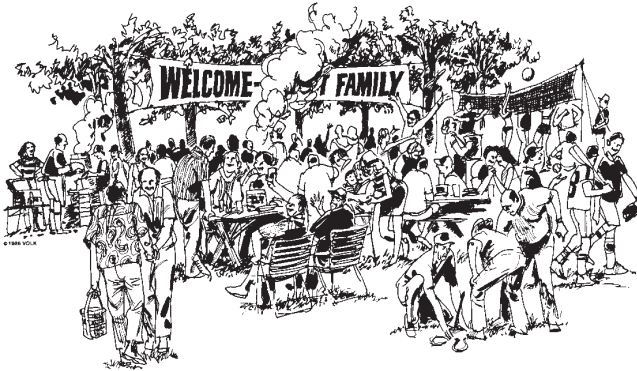
The walk is approximately one hour in length and is easy in difficulty. All are invited to share this event with their pet(s).

The walk is free of charge for all participants and will be cancelled should bad weather arise on the day of the event.

Date:	Saturday, May 20
Time:	9 a.m. – 10 AM
Location:	Town Hall 26379 Altamont Rd.
Fee:	No charge or registration required



NINTH ANNUAL LOS ALTOS HILLS TOWN PICNIC



The Ninth Annual Town Picnic will be held on Sunday afternoon, June 4, from 1 p.m. to 4 p.m. at the Little League fields. The Picnic features lots of entertainment, games and other attractions, as well as a free lunch for all Los Altos Hills residents. Chicken, all-beef hot dogs and vegetarian meals will be cooked by our terrific firefighters from Santa Clara County Firefighters Local # 1165, and served with Firefighters Chili, tossed salad, and garlic bread. Soft drinks, beer, wine and ice cream sundaes will be provided.

The Town Picnic will continue the celebration of the Town's Fiftieth Anniversary. The Picnic's brief program will have an anniversary theme, and each resident who checks in at the registration canopy by third base of Little League Field # 2 will receive a gift in celebration of the Town's anniversary. Over 1,300 Town residents attended the Picnic last year, and more are expected this year.

The Town Picnic is organized by the Community Relations Committee, with help from many other volunteers in Town. You can volunteer to help for half an hour with registration or games or serving beverages or ice cream by calling Town Hall at 941-7222.

Our Town hosts the Picnic as the major annual community event that brings together all of our Town residents. Since there is no charge for attending, the picnic is limited to Los Altos Hills residents and Town staff -- so do encourage your Los Altos Hills neighbors to attend with you, but please do not invite friends from other cities (they will be turned away at the gate). Also, by city ordinance, dogs are not allowed on the fields, so please leave Fido at home.

A registration coupon will be mailed to all Town residents in May, and advance registration by Monday, May 22 is required so the appropriate number of meals may be ordered. Many large canopies will be provided, so rain or hot weather does not cancel the picnic.

Date:	June 4
Time:	1 p.m. - 4 p.m.
Location:	Purissima Little League Fields (Purissima Rd. at Viscaino Rd.)
Fees:	None - it is a real free lunch!

SPECIAL EVENTS

Pathways Run

10K/5K & 1-Mile Fun Run

The Pathways Run begins at the Westwind Community Barn and runs through the Byrne Preserve and extends into the Los Altos Hills Pathway System. The Run features a 5K race/10K race and a 1-mile fun run for the kids. All children participating in the 1-mile fun run will receive a t-shirt and finisher's medal. Event will be held rain or shine.

Date: Saturday, May 6
Time(s): 5 K & 10K runs - 9 AM
1-Mile Fun Run - 10:30 AM
Location: Westwind Barn
27210 Altamont Rd
Fees: 10K - \$20
5K - \$20
1 Mile Run - \$10
(Team discounts available)

American Cancer Society – Relay for Life

Have a group of friends who enjoy walking? The Relay for Life is a fundraising event for the American Cancer Society that involves teams, made from local community groups, walking over a period of 24 hours in support of cancer research and funding.

Team members commit to raising money for the event, and to walk a pre-determined amount of time during the 24-hour event.

Date(s): Saturday, June 24
Sunday, June 25
Time: 10 a.m.– 10 am
Location: Los Altos High School (Track)
Contact: Joyce Musselman
650-948-3286

Adult & Youth Year Round Riding Program

The 2006 Year Round Riding Program Spring/Summer session(s) have two levels of riding lessons being offered for youth and adults. The Beginners' Program is for those with little or no riding experience. The Novice Program is for riders who are comfortable at the walk and trot and who are beginning to canter. Classes are specific to age group, adult and youth. Classes are limited, so register early. Waiting lists will be kept.

Adult

Session #1: March 13 – April 24
10 a.m.– 10:45 a.m.
(Beginning Adults)
10:45 a.m.– 11:30 a.m.
(Novice Adults)
Session #2: May 1 – June 12
10 – 10:45 (Beginning Adults)
10:45 – 11:30 (Novice Adults)

Youth

Session #1: March 14 – April 25
4 – 4:45 (Beginning Youth)
March 15 – April 26
4 – 4:45 (Novice Youth)
Session #2 May 2 – June 13
4 – 4:45 (Beginning Youth)
May 3 – June 14
4 – 4:45 PM(Novice Youth)
Location: Westwind Barn
27210 Altamont Rd
Fee: \$240 for residents
\$260 for non-residents

Ages: Adult - 18 and over
Youth – 17 & under

Los Altos Hills Town Riding Ring Los Altos Hills Horseman's Association

Located adjacent to the Purissima Little League Fields, this public riding ring is operated cooperatively with the Los Altos Hills Horsemen's Association (LAHHA). The LAHHA promotes all activities concerning horsemanship and path-ways in Los Altos Hills.



Date(s): Activities schedule varies
Location: Purissima & Viscaino Rd
Ages: 7 and up
Contact Info: Lorrie Askew – President
 (408) 839-6601
 Jolon Wagner – Vice President
 917-1975
Website: www.lahha.org

Horseback Riding at Westwind Barn

Residents of Los Altos Hills who house their horses in places other than Westwind Barn are able to take advantage of the Westwind Barn riding facilities. Westwind offers memberships for such residents, whereby the resident (limited to current residents of the Town of Los Altos Hills) becomes a member of the Friends of Westwind and then pays a daily usage fee. Westwind looks forward to welcoming residents who wish to take advantage of this opportunity. Please contact Westwind Barn for details.

Dates: Varied
Time: Varied
Location: Westwind Barn
 27210 Altamont Rd
 Los Altos Hills
Ages: Youth (adult supervision required)
 Adult
Contact: Westwind Barn
www.westwindcommunitybarn.org
 941-6113

2006 Westwind Barn Activity Schedule

Please call Westwind Barn for Locations of Scheduled Activities

<u>Date</u>	<u>Time</u>	<u>Activity</u>
May 6	11:30 a.m.– 4 p.m.	Kentucky Derby Day Festivities
May 12-16	6:50 a.m.– 4 p.m.	Dressage Clinic
May 13	12:30 p.m.	Horsemother's Day
May 20	TBA	Special Rider's Horseshow
June 10	12:30 p.m.	Annual Meeting of FOW
Sept 9	5 p.m.– 11 p.m.	Annual Hoedown and Silent Auction
Sept 20-24	6:50 a.m.– 4 p.m.	Dressage Clinic
Oct 28	8 a.m.– 5 p.m.	Halloween Horseshow



RECREATIONAL PROGRAMS, AREAS AND OPEN SPACE

Los Altos/Los Altos Hills Little League



*From Los Altos Town Crier,
published on October 15, 2003*

LA/LAH Little League Baseball serves over 500 children every year. The Little League philosophy is that children are drafted or placed into the appropriate division based on their skill rather than their age. Every child age 5-12 will be placed on a team, as there are no "cuts". Teams typically have 12

players and each division has minimum playing time standards to ensure everyone gets to play. Teams play twice a week (once on Saturdays) and may also practice 1-2 times a week.

Location: Purissima Little League Fields
Ages: 5 to 16
Information: 562-1077
Website: www.losaltoshillslittleleague.com

Los Altos Hills Pathways System

A very special feature of Los Altos Hills is the Pathway System. Sixty-three miles of roadside and off-road paths meander through the hills and valley of the Town, connecting various areas of the community. This network provides valuable recreational asset for residents; the system has been designed over many years to provide non-vehicular access to the Town for walkers, runners, bicyclists and equestrians. Pathway maps are available at Town Hall.

Purissima Little League Fields

This 4-field baseball complex is home to the Los Altos Hill Parks & Recreation Department and the Los Altos Hill/Los Altos Little League programs. Residents and private groups are able to reserve the fields. Please call the Parks and Recreation Department at 941-7222 to reserve the fields for your event.

Byrne Preserve

Located along the upper length of Altamont Road and connected to the Los Altos Hills Pathway System, the Byrne Preserve consists of 55 acres of open space adjacent to the Westwind Barn. The preserve is a passive recreational site and also serves as a pasture for horses.

Hidden Villa Recreation Area

This 1600-acres land preserve contains an educational farm, wilderness area, visitor center, nature shop, trails and a youth hostel. The property was a gift from Frank & Josephine Duveneck and is owned and operated by the Trust for Hidden Villa, a non-profit corporation. Annually, 40,000 people visit Hidden Villa. The hostel is available for day or overnight use, and the farm and hiking trails are open to casual visitors everyday except Monday.

Location: 26870 Moody Rd
General Information: 650-949-8650
Volunteer Information: 650-949-8655
Community Programs: 650-949-8653
Website: www.hiddenvilla.org

Rancho San Antonio Open Preserve

Located on Cristo Ray Drive, south of the Foothill Expressway/Highway 280 interchange, this 167 acres park offers facilities for bicycling, hiking, model glider flying, photography and other recreational uses. Within this park is Deer Hollow farm, a working farm for the enjoyment of visitors, especially children

Location: I-280 and Foothill Expwy
General Info: 650-691-1200
Website: www.openspace.org



Community Resource List

American Red Cross - Palo Alto Chapter
(650) 688-0415

Community Health Awareness Council
(650) 965-2020

Community Services
(650) 968-0836

Los Altos Chamber of Commerce
(650) 948-1455

Los Altos Mediation Program
(650) 949-5267

Los Altos Senior Center
(650) 947-2894

Morgan Center for Autism Spectrum
(650) 241-8161

Palo Alto Animal Shelter
(650) 496-5971

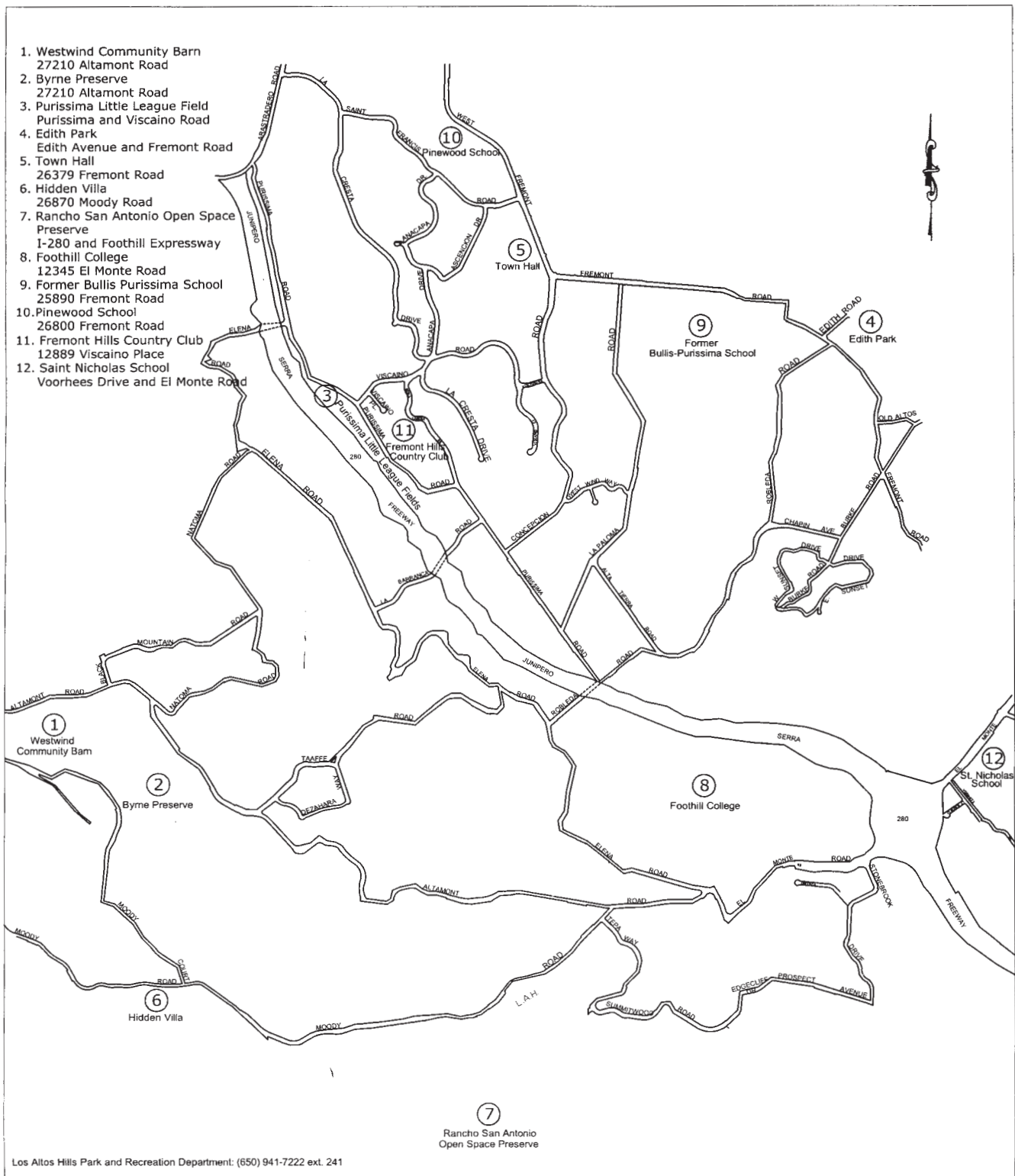
Santa Clara County Library
(408) 293-2326

Santa Clara County Parks
(408) 355-2200

Support Network for Battered Women
(650) 940-7850

Wildlife Rescue
(650) 494-7283

Los Altos Hills Recreation Locations



Registration Form

Please Print All Information

[illegible]**Parent/Adult Contact Information:**

Name _____
Last First

Address _____ City _____ State _____ Zip _____

Parent Name _____
Last First

Home Phone (____) _____ Work Phone (____) _____ Cell Phone (____) _____

Local Emergency Name _____ Phone No. (____) _____

Release of Liability & Assumption of Risk Agreement

In consideration of the acceptance of the application for entry into the classes or activities listed on the Registration Form, I hereby waive, release and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me as a result of my participation in said classes or activities.

I am aware that these classes or activities subject me to physical risks and dangers, nevertheless, I voluntarily agree to assume any and all risks of injury or death, and to release, discharge, and hold harmless all of the entities or persons mentioned above who, through negligence or carelessness, might otherwise be liable to me, or my heirs, personal representatives, next of kin, spouse or assigns.

It is understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs, personal representatives, next of kin, spouse and assigns.

I have fully read this Agreement and fully understand its content. Furthermore, the significance of this release of liability and assumption of risk agreement has been EXPLAINED TO THE MINOR.

REFUND POLICY- Refunds will only be given up to 7 days before the commencement of program. Within 7 days, a refund will only be granted if vacant position is filled. No refunds will be given after program has started.

TO BE COMPLETED BY PARENT OR GUARDIAN OF MINOR PARTICIPANTS

I have fully read this Agreement and fully understand its content. Furthermore, the significance of this release of liability and assumption of risk agreement has been EXPLAINED TO THE MINOR.

Signature of parent or guardian: _____ Date: _____

Print parent/guardian name: _____

Address: _____

Please indicate whether you are signing as: ☐ Parent ☐ Guardian

Please detach and remit
payment to:



Town of Los Altos Hills
Parks and Recreation
26379 Fremont Road
Los Altos Hills, CA 94022

I hereby authorize the use of my MasterCard or Visa account.

Print name as it appears on card

MasterCard or VISA # _____

Expiration date _____

Signature _____



Los Altos Hills Parks and Recreation
26379 Fremont Road
Los Altos Hills, CA 94022

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